



Love Life Outdoors

Open all year round, offering high quality outdoor learning experiences in a unique and beautiful 14 acre site within the Brecon Beacons National Park. We specialise in offering exceptional outdoor education and a vast range of outdoor adventurous activities.

Here at Parkwood Outdoors Dolygaer, we recognise the truly powerful role the outdoors can have in providing joined up learning with the National Curriculum.

Our courses and bespoke packages are suitable for both primary and secondary schools and are designed to challenge, stimulate, educate and develop both students and visiting staff. We have a dedicated onsite Learning Centre for classroom based activities, onsite accommodation for 70 students plus visiting staff, camping for 100 and further accommodation choices nearby if required.

We provide full catering for day, short stay or week long residential experiences, with the added benefit of the Centre being self contained if you wish to use it exclusively for your school group. Parkwood Outdoors Dolygaer truly can cater for all schools trips and residential experiences.

A Safe Learning Experience

At Parkwood Outdoors Dolygaer we provide quality activity programmes that meet and exceed national and regulatory health and safety requirements, alongside our own high standards when it comes to providing both staff and facilities. Across everything we do, health and safety is our number one priority and our site is fully AALA accredited.

Our Instructors are the best in the industry, fully qualified, experienced and very enthusiastic! We ensure that each of our Instructors hold all applicable NGB qualifications in each of the fields they teach, along with public and employer's liability insurance, first aid qualifications and that they are all DBS checked.

As a school or parent, you can trust that all children in our care are thoroughly looked after from the moment they arrive on our site; whether it's through our use of the very latest health and safety equipment for activities or the exceptional and child-friendly tutelage of our instructors. Every one of our activities is comprehensively assessed to ensure that adequate protection is in place, allowing children to experience the thrill of outdoor activities without the risks to their wellbeing.

To find out more about our Health and Safety procedures or to speak to one of our experienced instructors, please get in touch.

"Our children

had an amazing, out-of-this-world

experience at Dolggaer (Outdoor Activity Centre!

They talked about it for weeks afterwards. The activities

promoted all aspects of their development, the food and

accommodation were great, and it was good value for money. The greatest

strength of the centre is the staff who went out of their way

to ensure everything was of the highest standard. Instructors had

great insight and understanding and took a keen interest in the

needs of individual pupils, and did their utwist to ensure all

achieved and made good progress, developing all soits of skills."

- Michelle Humphreys, Uandinam CP School

What are the outcomes?

We work hard to ensure that every child that visits our centre leaves with happy memories as well as the following key outcomes:

- Increased confidence and character
- Memorable and fun activities
- Increased social and emotional welling
- New activity related skills
- Improved personal qualities
- Life skills
- Increased health and wellbeing
- Newfound motivation for learning

Curriculum Mapping

At Parkwood Outdoors Dolygaer we provide educational activities for various stages of the National Curriculum, offering developmental experiences to benefit and enhance both personal, social and team skills. We know first hand the benefits that outdoor trips can bring to children and are passionate advocates of learning outside of the classroom.

Our activities are perfect for delivering learning outcomes from all Key Stages of the national curriculum and we also have the ability to deliver additional courses such as BTEC course modules, GCSE PE modules and A and AS level outdoor activities.

We offer specialist courses for those with special needs as well as young people that are not in education, employment or training. Through the means of outdoor activities these young people will personally learn coping strategies, independence, self-belief, self esteem, personal effectiveness and leadership.

Whatever learning outcomes you are looking to achieve our instructors can help. Our expert team will work alongside you throughout the planning process, understanding your educational aims and objectives and then designing a bespoke programme for your school.

Why choose us?

Parkwood Outdoors Dolygaer is a highly experienced outdoor education centre, offering high quality outdoor learning activities and residential experiences that will send children home with fantastic memories.

That's why so many schools return to us year after year! We offer:

- Bespoke school adventure holidays planning designed to fit your requirements
- Choose from over 20 outdoor adventurous activities, tasks, games and projects, from kayaking to canoeing, climbing to caving, gorge walking to raft building and more
- Transport included for off site activities
- Choose your emphasis teamwork, social skills, the environment and conservation or link the course with the National Curriculum
- Carefully planned menus created in line with the 'Healthy Foods School Guidelines'
- All Instructors are NGB qualified and very enthusiastic
- All activities, transport/accommodation packages have written risk assessments and can be sent to you in advance of your stay.

Example Course Elements

Environmental Education:

Mountain formations, Woodlands, Geology.

Geography:

River studies, Mountain formations, Limestone formations, Waterfall formations.

Personal Social Health and Economic Education:

Relationship building, Understanding cohesion and the sense of belonging. Developing leadership skills, Residential experiences, Understanding risk and developing pupils' physical and mental comfort zones.

History:

Welsh industry and environmental history. To include the hidden history of the Pontsticill reservoir under the shore lines.

Science:

Physics – Pull and push force effects. Chemistry – Fire triangle. Biology – Human body and how it works.







Q: How much does it cost?

A: Residential trips with us start from as little as £24 per child per day, depending on the number of days and pupils attending. We are happy to provide a bespoke quotation based on your numbers and requirements.

Q: Do you offer any discounts?

A: Of course we do! For every 11 students places you book with us, we will give you 1 staff member free and half price on all additional staff members

Q: Are there any hidden costs?

A: No everything is included, pupils can bring a small amount of pocket money if they want to for souvenirs to take home to help remember the trip.

Q: Can you provide Health and Safety assurances?

A: Health and safety is our number one priority and we are a fully licensed AALA activity centre. All of our instructors hold all applicable NGB qualifications in each of the fields they teach, along with public and employers liability insurance, first aid and they are all DBS checked.

Q: Do you provide written risk assessments?

A: All activities, transport/accommodation packages have written risk assessments and can be sent to you in advance of your stay.

Q: What is the capacity for a residential visit?

A: We have a variety of newly refurbished onsite accommodation choices sleeping up to 70 students plus visiting staff. We also have further accommodation choices nearby and onsite camping for 100+. The Centre is self-contained and can be used exclusively for your school trip if required.

Q: Do staff have to share rooms in the accommodation?

A: It depends on the numbers of staff and pupils visiting, they may be required to share a room with other staff members. We do have a variety of accommodation choices enabling staff to sleep in the same building as students or our 4 star luxury cottage for staff to use. This includes a separate lounge, kitchen area, shower room, toilet and drying room.

Q: Do you cater for special needs?

A: Yes we do, our newly refurbished chalet includes 2 fully accessible DDA compliant rooms. We also offer specialist courses for students with special needs and young people that are not in education, employment or training.

Q: Do you cater for special dietary requirements?

A: Specific dietary requirements can be catered for such as allergies, health conditions or religious requirements. Our menu is carefully created in line with the 'Healthy Foods School Guidelines' ensuring we deliver delicious tasting, high energy, healthy meals.

Q: How can parents / carers find out information about your school trips / residential packages?

A: Besides our website, we have brochures available and parent/carer information evenings which will cover questions and queries putting parent/carers minds at ease.

Call our helpful team now on **01685 848 309** or email us at **Dolygaer@parkwoodoutdoors.co.uk**

